| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| | | EMBER unswick Senior Cen | | | 10:00 Video 1 Exercise 11:00 Chair YOGA 1:00 Groceries for Seniors | 2 |
| Department of Aging trips for December: December 15- Woodshop | CENTER CLOSED | ' ' | 10:30 "Surviving 6 the Holidays?" w/Joy 1:00 Bingo/Country Meadows | 9:00 Strength Tr 7 10:00 Wii 11:30 Trip to Walkersville Bowling Lanes | "Cruise to the 8 Tropics" Special event in ESC \$10.00 all inclusive | |
| Tour 10 December 20- Toby's Theatre December 29- Buttersburg Inn | CENTER CLOSED | 9:00 Strength TA2 10:00 Wii 11:00 Craft 2:00 Grocery shop 5:00 Game Night First Day of Hanukkah | Christmas ¹³ Party at Golden Corral 1:00-3:00 | 9:00 Strength Trad 10:00 Wii 11:00 Library 1:00 Local Shopping | 10:00 Video 15 Exercise 11:00 Chair YOGA | Meal 16 reservations for Holiday Lunch due by 12/14 space limited |
| can now be 17 made online at http://frederickco untymd- gov.3dcartstores .com/ | CENTER CLOSED | 9:00 Strength TA9 10:00 Wii 11:00 Craft 2:00 Grocery shop 5:00 Game Night | 20 10:30 Nurse Steve "Laughter" 12:45 Cookie Bingo | 9:00 Strength Ti21 10:00 Wii 11:00 Special Music w/Pete & Betty & Holiday Lunch at Noon Winter Begins | Exercise | 23 |
| 24 | CENTER & OFFICES CLOSED Christmas Day | CENTER & | 10:00 <i>C</i> ards 27 11:00 Puzzle 12:45 Regift Bingo | 9:00 Strength Ti28 10:00 Wii New Year's Eve Lunch at Center 11:00 Library 1:00 Local Shop | All Centers closed special luncheon at Buttersburg Inn | 30 |
| Brunswick 31 Senior Center "Where the finest people meet" | Annual Christmas Party Held at Golden Corral Spectrum Drive Frederick, MD Wednesday December 13, 2017 Please make reservations no later than Monday December 11 | | | | | |